



Differentiating Bipolar Disorder From Major Depressive Disorder: A Case-Based Approach to Improving Diagnosis and Treatment in Primary Care

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PVI, PeerView Institute for Medical Education, Inc.



This CME activity is sponsored by the Semel Institute for Neuroscience and Human Behavior at UCLA and the Institute for Medical Education, in association with PVI, PeerView Institute for Medical Education.



This activity is supported by educational grants from AstraZeneca Pharmaceuticals LP and Lilly USA, LLC.

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Media: Internet

Release Date: December 23, 2009

Expiration Date: December 22, 2010

Estimated time to complete activity: 60 minutes

Sponsorship: This CME activity is sponsored by the Semel Institute for Neuroscience and Human Behavior at UCLA and the Institute for Medical Education, in association with PVI, PeerView Institute for Medical Education.

Support: This activity is supported by educational grants from AstraZeneca Pharmaceuticals LP and Lilly USA, LLC.

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Michael J. Gitlin, MD, has a financial interest/relationship or affiliation in the form of: *Speakers Bureau* participant with AstraZeneca Pharmaceuticals LP; Bristol-Myers Squibb Company; and Eli Lilly and Company.

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Content Director:

Annette Wiggins currently has no financial interests/relationships or affiliations in relation to this activity.

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Target Audience

This activity has been designed to meet the educational needs of primary care physicians and other clinicians involved in the treatment of mood disorders.

Program Description

In this activity, an expert in mood disorders discusses differentiation of bipolar disorder and major depressive disorder.

Educational Objectives

Upon completion of this activity, participants should be better able to:

- Distinguish among related mood disorders in the primary care setting
- Select the appropriate treatment for patients with mood disorders, after careful analysis of recent efficacy and safety data
- Develop strategies to improve treatment adherence and referral rates to specialty care in patients with mood disorders

Accreditation and Credit Designation Statements

This program was developed and reviewed by faculty members of the David Geffen School of Medicine at UCLA. This activity has been planned and implemented in accordance with the Essential Areas and policies of the Accreditation Council for Continuing Medical Education through the joint sponsorship of the Institute for Medical Education and the Semel Institute for Neuroscience and Human Behavior at UCLA, in association with PVI, PeerView Institute for Medical Education. The Institute for Medical Education takes responsibility for the content, quality and scientific integrity of this CME activity.

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