



Applying Evidence to Practice in Major Depressive Disorder: An Interactive Panel Discussion

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Expert Panel

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PVI, PeerView Institute for Medical Education, Inc.



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Content Director:

Kirk A. Tacka, PhD, currently has no financial interests/relationships or affiliations in relation to this activity.

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Target Audience

This activity has been designed to meet the educational needs of psychiatrists, family practice physicians, internal medicine specialists, and other clinicians who provide care for patients with MDD.

Program Description

This two-part activity focuses on some of the practical aspects of managing major depressive disorder. Highlights from the first part of the activity include the tools to assess and diagnose patients with MDD. A number of pharmacologic and nonpharmacologic treatments for MDD are also discussed. In the second part of the activity, management of treatment-refractory MDD is addressed. This discussion also emphasizes the importance of measurement-based care and provides practical strategies for physicians to adopt this approach in their practices.

Educational Objectives

Upon completion of this activity, participants should be better able to:

- Apply symptom severity screening tools for patients with major depressive disorder and develop treatment plans in accordance with the latest evidence regarding pharmacologic and nonpharmacologic therapy
- Explore potential strategies to manage patients with treatment-resistant depression and monitor common residual symptoms of major depressive disorder

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